

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 11/12/2025

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	
N/A	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Regional Health systems provides affordable, quality Mental Health care, Primary Health care, addictions treatment, and case management services to adults and children. We support our clients emotional, physical and intellectual well-being through whole-person care. We are located within 45 minutes of (southeast) of downtown Chicago in Northwest Indiana. The longstanding internship program (previously known as Southlake CMHC) was created to be a generalist program whose goal is to provide clinical training in outpatient therapy and assessment. In addition to outpatient therapy and assessment, leadership training is also available, helping students learn how to appropriately supervise others and implement created trainings to small and large groups. We have opportunities for a wide variety of psychological testing batteries; All interns are provided with testing cases and additional training on specialized instruments.

The intern will be expected to have completed all academic work in clinical/counseling psychology at the doctoral level, as well as all practice or externships and qualifying examinations, as required in their particular doctoral program. A minimum of 500 total intervention hours is necessary to start the internship program i.e., needing 500 accrued by the start of the internship. Those not meeting minimum hours due to the COVID-19 pandemic will be considered on the basis of their overall qualifications and goodness of fit with Regional Health Systems' goals, services and population.

Applicants from diverse backgrounds, those who speak Spanish, and who specialize in culturally sensitive treatment with a variety of individuals from LatinX populations are especially encouraged to apply. Successful applicants should be interested in working with diverse and underserved community populations. Regional is an Equal Opportunity, Affirmative Action employer of all protected classes. Racial and ethnic minorities, individuals with disabilities, and veterans are encouraged to apply.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	X YES	NO	Amount: 500
Total Direct Contact Assessment Hours	X YES	NO	Amount: 100

Describe any other required minimum criteria used to screen applicants:

The internship program at Regional will consider applicants who do not meet required direct contact hours and will review the application based on goodness of fit with the internship and taking into consideration difficulties that may have resulted due to the COVID-19 epidemic. Applicants are required to submit an example of a de identified integrated test battery report in addition to the APPI. Applicants must have their Master's degree in a psychology related field and their clinical research / dissertation proposal completed prior to beginning their internship. Interns are required to have an interest in working with underserved populations.

The agency maintains a drug-free workplace. Employment is contingent upon a pre-employment drug test, which includes testing for marijuana, fingerprint and background check before the orientation start date.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	33,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If access to medical insurance is provided:		
Trainee contribution to cost required?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of family member(s) available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of legally married partner available?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of domestic partner available?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	80	
Hours of Annual Paid Sick Leave	80	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Other Benefits (please describe): Total of 160 hours of paid time off, all categories combined. Malpractice insurance, life insurance, EAP, and some limited travel expenses.		

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2021-2024	
Total # of interns who were in the 3 cohorts	14	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	PD = 0	EP = 0
Community mental health center	PD = 1	EP = 2
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 0	EP = 0
Hospital/Medical Center	PD = 1	EP = 0
Veterans Affairs Health Care System	PD = 1	EP = 0
Psychiatric facility	PD = 0	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 0
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 5	EP = 4
Other	PD = 0	EP = 0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.